



LCFCC'S VEGETARIAN MENU

SALADS

QUINOA TOFU SALAD

Red quinoa, fresh bean sprouts, baby spinach, watermelon relish shavings, tossed with roasted garlic Japanese ponzu sauce and topped with fried tofu \$10

HEALTHFUL GARBANZO GARDEN SALAD

Turmeric garbanzo beans, diced cucumber, cherry tomato, chopped onion, wild arugula, tossed with apple cider vinaigrette \$9

FUJI APPLE & BUTTER LEAF SALAD

Diced fuji apples, living lettuce, cherry tomato, sliced almonds, dried cranberries, blue cheese crumbles, and tossed with honey white balsamic vinaigrette \$11

TEMPURA AVOCADO SALAD

Baby greens, cherry tomatoes, red quinoa, almonds, chopped onions tossed with citrus vinaigrette \$12

ENTREE

GRILLED PINEAPPLE & TOFU STIR FRY

Steamed rice, sautéed sweet peppers, bok choy, carrots, celery, zucchini, stir fry sauce, and topped with chipotle fried tofu \$14

IMPOSSIBLE TACOS (3)

Tasty meatless meat, pico de gallo, shredded lettuce, served with fresh salsa and tortilla chips \$12

FLAVORFUL GRILLED CAPRESE SANDWICH

Toasted ciabatta, with fresh, creamy buffalo mozzarella, roasted tomato, baby arugula, avocado, and basil aioli served with choice of side \$14

IMPOSSIBLE BURGER

Delicious and satisfying grain and vegetable patty, topped with baby arugula, sriracha aioli, grilled onion, roasted tomato, sautéed mushroom, avocado choice of side \$18

VEGAN "CHICKEN BREAST" SANDWICH

Delicious and satisfying vegan chicken breast, Baby arugula, tomato, avocado, vegan onion aioli (cheese optional), and a choice of side \$15